



Merry Christmas and Happy New Year from the Principal's Office

I simply cannot believe that we are half way through December and the end of the first semester is only a few days away. It literally feels like we just started this school year and here we are ready to close the first semester. Good luck and continued success to all of our winter sports teams and athletes. Good luck to all our students as they tackle their semester tests. You will do awesome.

Weather Reminder:

Thank you to all parents for ensuring your child is dress appropriately for the weather as winter has arrived. As a reminder, we try to have outside recess as much as possible. Heavy coats, hats, and gloves are essential for your child each day. Thank you again for your help with this.

Report Cards: Just a reminder that report cards are not mailed out for grades 5-12. Student grades are available through PowerSchool with your parent login. If you would like a printed copy, please call or email me at school and I will print one to send home with your child.

Attendance:

Student attendance at school is essential for their success. As we move into the flu season, please help your child to remain healthy by encouraging healthy habits such as hand washing and eating healthy. Our custodial staff does a great job of cleaning and disinfecting each night to help during this time of year. Remember to contact the school if your child is ill and will not be in attendance at school.

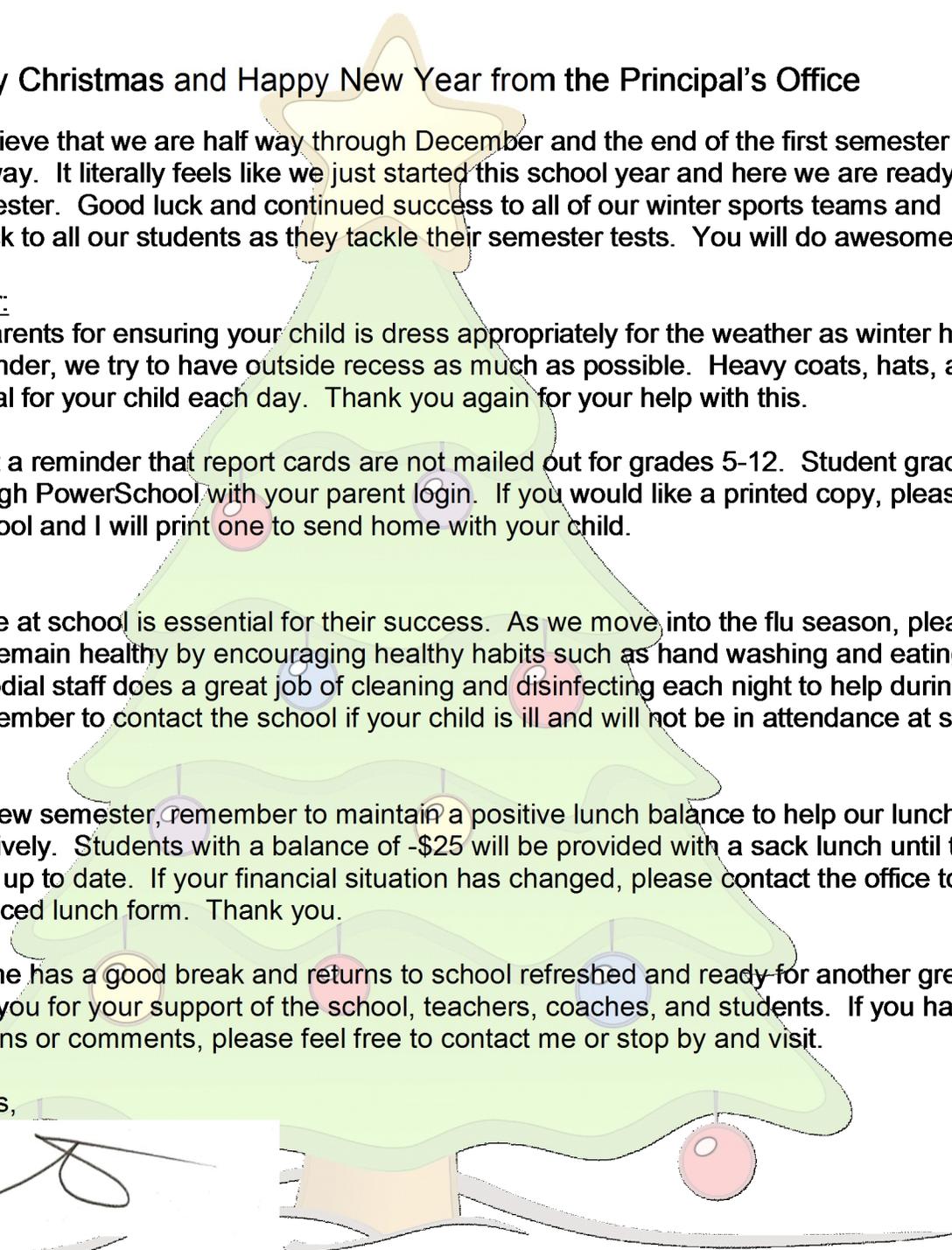
Lunch Balances:

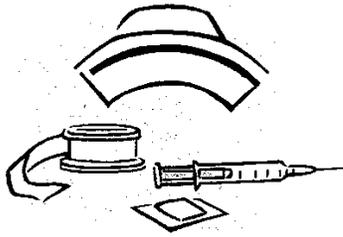
As we move to a new semester, remember to maintain a positive lunch balance to help our lunch program run effectively. Students with a balance of -\$25 will be provided with a sack lunch until their balance is brought up to date. If your financial situation has changed, please contact the office to receive a free/reduced lunch form. Thank you.

I hope that everyone has a good break and returns to school refreshed and ready for another great Semester. Thank you for your support of the school, teachers, coaches, and students. If you have any further questions or comments, please feel free to contact me or stop by and visit.

Educationally yours,

Mr. Brian Fleischman, Principal
308-987-2424 x206
brian.fleischman@overtoneagles.org





NURSE'S NOTES

With the cold and flu season upon us, here are a few reminders for students and parents,

- *Get vaccinated against the flu.
- *If you are sick, **STAY HOME**.
- *Avoid people who are sick.
- *Avoid touching your eyes, nose, and mouth.
- ***WASH YOUR HANDS FREQUENTLY.**

Reminder to parents, if your child has a fever of 100 or greater they should not return to school until they have been fever free for 24 hours **WITHOUT** the aid of Tylenol or Motrin. If they are sent home from school with a fever, we will **NOT** expect them back the next day. If you have any questions or concerns, please contact me at the school

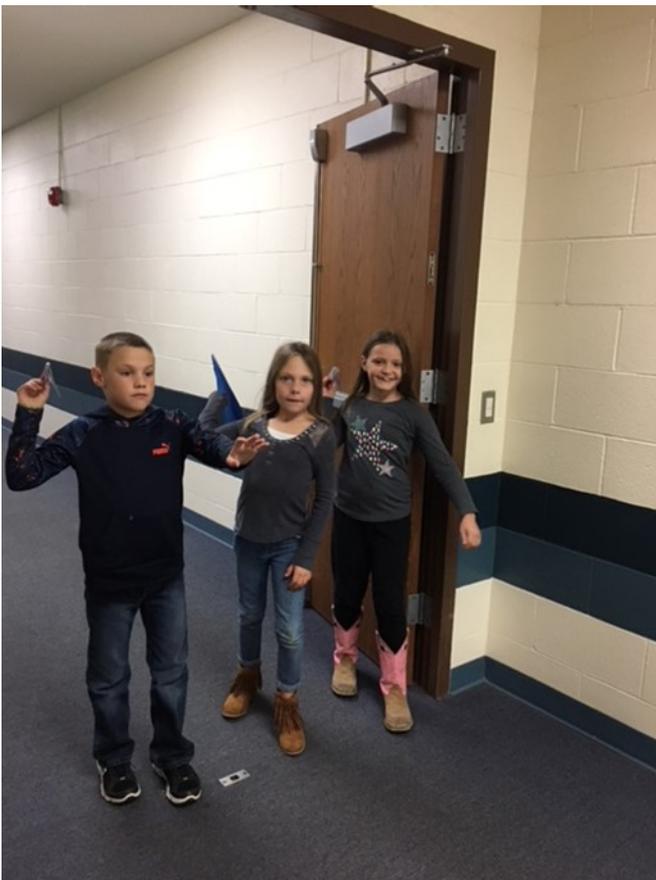
Joanie Gehrt, RN, BSN

School Nurse☺

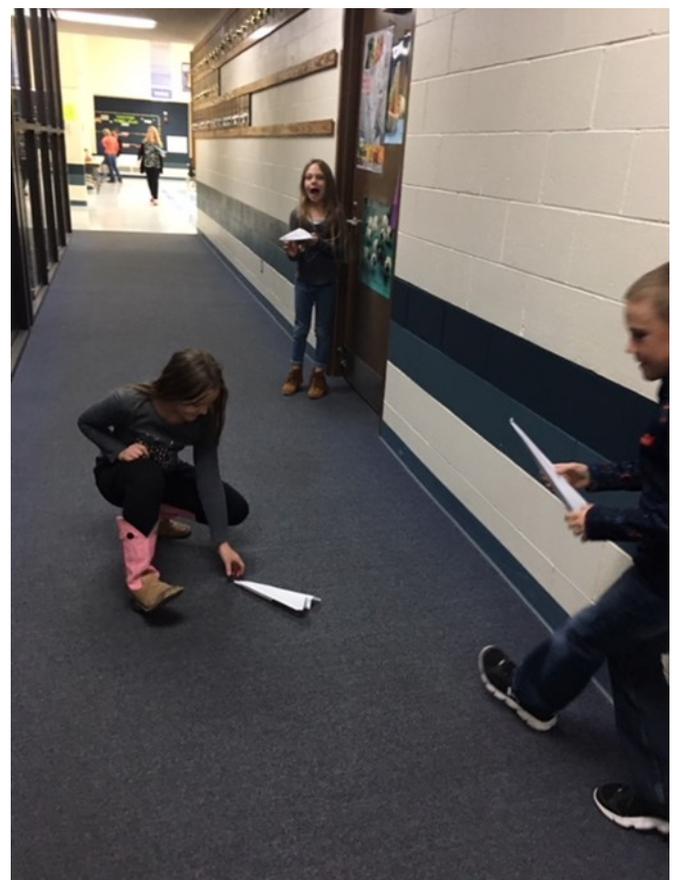
STEM Challenges in the Elementary

My name is Mrs. Becky Marshall, and I am a Title teacher at Overton Public School. I love my job! I get to work with some of the best students you will ever find. My job is to decrease the number of pupils in the classroom for teachers and students. I get to work with small groups of students in grades Kindergarten through 3rd grade. I work with all levels of ability. All of the students I see and work with are AWESOME!

We have been trying some STEM Challenges in my 3rd grade math group. One was the paper airplane challenge. The students' task was to make their airplane fly the farthest.



Blaine, Kylie and Anna are ready to fly their airplanes.



Kylie was the winner!

Then, we made the airplane challenge a little trickier by adding cargo (coins). We wanted to see who could fly the most amount of money the farthest. The students decided that adding cargo decreased their flight time.



Britton, Blaine, Emma, Kylie, and Anna
With Mr. Christensen



Riley and Britton are measuring how far Dash the robot traveled while Emma and Mr. C look on.

Another math challenge the 3rd graders tried was with robots named Dot and Dash. We used our iPads to code our robots and make them behave how we wanted them to. Mr. Christensen, our tech teacher, helped us with this task. This assignment was definitely a favorite of the students!

If you ever get a chance, stop by and say hello. All of my students love a chance to show off their knowledge and tell you what we have been learning!

What's Been Happening in Overton FCCLA?

Have you completed a random act of kindness? Make sure to check out the Overton Random Act of Kindness Facebook page. Abby Lawton started this group as part of her FCCLA service project. She also recently spearheaded a food drive. The Overton students, staff and community collected over 230 items for the Overton Food Pantry.

Overton FCCLA also had a book drive and cake raffle to raise money to purchase books. We collected and purchased over 100 books to donate to local families as well as hospitals and children's organizations throughout the state.

RECORDS are BREAKING!!!!

3 volleyball records fell this past volleyball season. Gracie Grote set the new career record for digs. The new mark is 936 from 2014-2017 and was previously held by Laurie Callahan who had 917 digs from 2008-2011. Jaycee Wallace broke 2 records this year. She broke her own single season set assists record with 790 this year. Jaycee also broke the career set assists record as she currently has 1485 while the previous record was held by Paige Smith who had 1325 set assists from 2008 to 2011.

1 boys basketball records has already been broke this season. Morgan Wallace collected 11 steals against Anselmo-Merna on 12/12/17. The previous record was 10 steals by Creighton Ryan against Loomis in the 2014-2015 season.

Congrats to these student-athletes!!!!!!

Coach Little



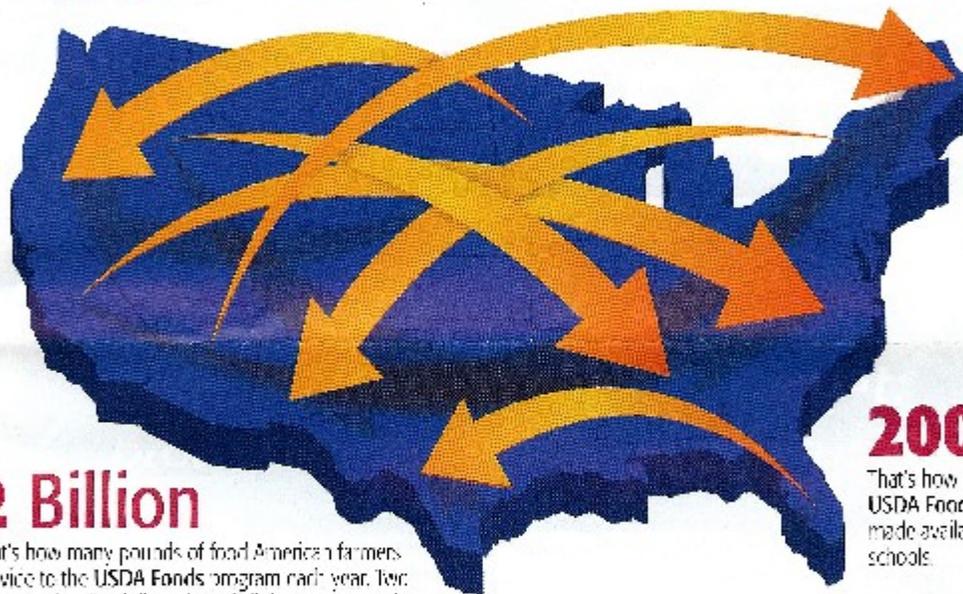


USDA Foods – By the Numbers

A Bountiful Program for Schools

You're probably aware that the FNS Food Distribution Program provides food and nutrition assistance to school children and families throughout the U.S. Want to know more? Take a look at the fascinating statistics shown below.

100% Every high-quality product you receive from **USDA Foods** is American-grown.



2 Billion

That's how many pounds of food American farmers provide to the **USDA Foods** program each year. Two billion is also the dollar value of all the **USDA Foods** purchased annually.



200

That's how many **USDA Foods** are made available to schools.

80

This is the number of **USDA Foods** available for further processing. School districts can contract with commercial food processors to convert raw and/or bulk **USDA Foods** into a variety of ready-to-use end products that meet your individual district needs and preferences. In fact, schools divert half of their **USDA Foods** to further processing.

110

There are an average of 110 processors who operate in more than one state. They are currently participating in **USDA Foods Processing**.

Zero

That's how much salt is added to **USDA Foods** frozen vegetables.



To learn more about **USDA Foods**, go to www.commodityon.org. Then sign up to receive valuable information from the American Commodity Distribution Association (ACDA).

Adding Chocolate to Milk Doesn't Take Away Its Nine Essential Nutrients

All milk contains a unique combination of nutrients important for growth and development. Milk is the #1 food source of three of the four nutrients of concern identified by the 2015 Dietary Guidelines for Americans: calcium, vitamin D and potassium. And flavored milk contributes only 4% of added sugars in the diets of children 2-18 years!¹

5 Reasons Why Flavored Milk Matters

1 KIDS LOVE THE TASTE!

Milk provides nutrients essential for good health and kids drink more when it's flavored.^{2,3}

2 NINE ESSENTIAL NUTRIENTS!

Flavored milk contains the same nine essential nutrients as white milk - calcium, phosphorus, protein, vitamins A, D and B₁₂, pantothenic acid, riboflavin and niacin (niacin equivalents) - and is a healthful alternative to soft drinks.^{4,5}

3 HELPS KIDS ACHIEVE 3 SERVINGS!

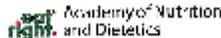
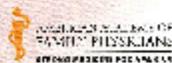
Drinking low-fat or fat-free white or flavored milk helps kids get the 3 cups* of milk and milk products recommended by the *Dietary Guidelines for Americans*.^{6,7}

4 BETTER DAIRY-DIET QUALITY!

Children who drink flavored milk consume more of the nutrients of concern compared to non-flavored milk drinkers and flavored milk consumption is not associated with an increased BMI.⁸

5 TOP CHOICE IN SCHOOLS!

Chocolate milk is the most popular milk choice in schools and kids drink less milk (and get fewer nutrients) if it's taken away.^{9,10}



www.nationaldairyCouncil.org/childnutrition

REFERENCES:

1. *Journal of the American Dietetic Association*. 2010;110(10):1500-1505.
2. *Journal of the American Dietetic Association*. 2010;110(10):1500-1505.
3. *Journal of the American Dietetic Association*. 2010;110(10):1500-1505.
4. *Journal of the American Dietetic Association*. 2010;110(10):1500-1505.
5. *Journal of the American Dietetic Association*. 2010;110(10):1500-1505.
6. *Journal of the American Dietetic Association*. 2010;110(10):1500-1505.
7. *Journal of the American Dietetic Association*. 2010;110(10):1500-1505.
8. *Journal of the American Dietetic Association*. 2010;110(10):1500-1505.
9. *Journal of the American Dietetic Association*. 2010;110(10):1500-1505.
10. *Journal of the American Dietetic Association*. 2010;110(10):1500-1505.

*DAIRY RECOMMENDATIONS: 1 to 3 cups daily. Guidelines for Americans recommend 3 cups of low-fat or fat-free milk and milk products for those 9 years and older, and 2 to 3 cups daily for those 2-8 years.

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3rd Grade Field Trip

On November 16th, the 3rd graders visited the Hastings Museum to attend the Native American Festival. During the festival, the Many Moccasins Dance Troupe performed dances and educated students about their culture. Students were able to make cornhusk dolls and beaded jewelry, and then they played Native American games. They visited the planetarium to watch the educational video “Earth, Moon, and Sun”. The class also completed a scavenger hunt to find minerals.



Circle of Friends spreads some Christmas cheer.

On Wednesday December 13th, Overton Circle of Friends headed out to Brookdale Assisted Living in Lexington. Our mission was to bring some smiles to a few faces this holiday season. After making "Snowman Soup", (hot cocoa, marshmallows, Hershey kisses and a peppermint stick) the week before, we put on our Christmas hats and set off on our mission. We arrived ready to bring some joy to others. We split up our group and headed out. After visiting every room and passing out over 50 packages of Snowman Soup our mission was complete. There were smiles all around, especially on our faces!

It feels so good to give to others, we learn important lessons as we give of our time and we gain so much when we see how it affects those around us!

Happy Holidays to everyone from Overton Middle/High School Circle of Friends!!!!



Austin Lees, Tyson Reil, Kaven Raastad
Alex Elfgren, Ms. Sloan, Mrs. Ditson, Braden Kizer, Brenden Meier

A New Year is upon us, and I hope everyone feels the sense of new opportunities. I hope your holidays were a great time spent with family and friends!

. –Mrs. McCoy

AT EVERY SCHOOL AND IN EVERY COMMUNITY...

there are young people who suffer silently because they feel left out, alone or invisible.



Social Isolation is an individual's perceived or real separation from a group of peers. It is a feeling that you don't fit in, that you don't belong, or that you have been left out. The separation may be the result of a rejection from others, or from the person's own withdrawal from others. Social isolation can happen in person or online.

Social isolation can become a serious issue. Young people who experience social isolation can become a victim of bullying, violence and/or depression.

As a result, many pull further away from society, struggle with learning and social development and/or may choose to hurt themselves or others.

There is a difference between social isolation and healthy alone time. Not all alone time is bad. Healthy alone time is when you choose to be alone to clear your mind, take a break from "socializing," give time to focus on and recharge yourself, and/or work through problems or possibilities without any outside influence. Some people are introverted, and need more healthy alone time than others.

Starts With Hello

Including others can be as simple as saying hello. You do not have to sit and talk for hours, but a smile or nod at a peer can make a difference. Strive to be someone who takes notice of everyone and says Hello. It is THAT simple.



Seniors and Senior Parents

APPLY

- Apply to the top three colleges you are considering attending.
- Go to the Admissions page of the college of your choice, you will find all of the information you need. You can apply to UNO, UNK, UNL, and Curtis all on the same application with the same one time fee.
- Apply to colleges before Christmas Break so that you can figure out what schools you want to attend.

SENIOR & BABY PICTURES

- Please turn in pictures by Christmas Break!

SCHOLARSHIPS

- More and more scholarships are being put on the Google Document that was shared with Seniors and Parents. Paper Applications have been emailed. Check that as well as use ScholarshipQuest on www.educationquest.org for the best sources for local and regional scholarships.

FAFSA

- Use 2016 tax returns for file for FAFSA. If you have any questions Mrs. McCoy can help direct you to a free service with EducationQuest.

Juniors and Junior Parents

VISIT- It is never too early to start visiting Colleges! Go to the college's website and check out the Admissions page to see how to schedule a visit!

ACT- The Spring ACT is provided for free for all Juniors. If they want to take ACT before April, Overton is a test site in February. Registrations is due online at www.act.org by Friday January 5th!

MINUTES OF THE OVERTON PUBLIC SCHOOL BOARD OF EDUCATION
REGULAR MEETING
December 11, 2017
7:30 p.m.

Board President called the meeting to order. Members Present:

Brennan
Johnson
Luther
Meier
Rudeen
Walahoski

Notification: The December 11, 2017 meeting of the Overton Public School Board of Education was posted at the Overton Public School, on the Overton Public School web site, Beacon Observer, Post Office, and the Security First Bank.

Open Meetings Information: To be in compliance with LB 898, The Nebraska Open Meetings Act, Board President informed the public that a copy of the Open Meetings Law is posted near the LMC check-out counter.

Administration Present: Mark Aten, Superintendent and Brian Fleischman, Principal

Guests Present: Hayley Ryan, Mandi Wallace, Rob Ecklund and Rachel Ecklund

Public Comments: None

Reports: Rachel Ecklund reported on Student Council activities. Mandi Wallace presented on the "Do The Math" intervention program.

Communications: Freedom From Religion Foundation letter and information

Other: None

Action Items:

1. **Agenda** - Moved by Meier, seconded by Brennan to approve the agenda of the December 11, 2017 regular monthly board meeting as presented. Motion 6-0. Voting Yes: (6) Brennan, Luther, Johnson, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (0).
2. **Minutes** - Moved by Walahoski, seconded by Luther to approve the November 13, 2017 Parental Hearing and the regular board minutes. Motion 6-0. Voting Yes: (6) Brennan, Luther, Johnson, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (0).
3. **Claims** - Moved by Luther, seconded by Brennan to pay the December General Fund bills in the amount of \$49,856.02. Motion 6-0. Voting Yes: (6) Brennan, Luther, Johnson, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (0).
4. Moved by Luther, seconded by Walahoski approve consider discuss and take action to approve board policies 5000 series which include: Discuss consider and take action on the 5000 series board policies which include 5001 Compulsory Attendance and Excessive Absenteeism, 5002 Admission of Students, 5002.01 Admission of Part Time Students, 5002.02 Admission of Students who Reside Out of the State of Nebraska, 5004 Option Enrollment, 5005 Transportation of Option Students, 5006 Foreign Exchange Students, 5008 Pregnant or Parenting Students, 5009 Adult Education, 5010

Immunizations, 5011 Physical Examination and Visual Evaluation of Students, 5012 Testing and Assessment Program, 5014 Homeless Students, 5015 Protection of Pupil Rights, 5016 Student Records, 5017 Routine Directory Information, 5018 Parental Involvement in Educational Practice, 5019 Communicating with Parents, 5020 Rights of Custodial and Non-Custodial Parents, 5022 Investigations and Arrests by Police and Other Law Enforcement Officers, 5023 Student Illness, 5024 Medication of Students, 5025 Student Insurance, 5026 Sex Equality of Students by Other Students, 5028 Initiations and Hazing, 5030 Dating Violence, 5031 Student Appearance, 5032 Closed Campus, 5033 Student Driving and Parking, 5034 Handbooks, 5035 Student Discipline, 5036 Lockers, 5037 Student Internet and Computer Access, 5039 Fundraising Activities, 5040 Work Permits, 5041 Student Government, 5042 Bulletin Boards, 5043 School-Sponsored Publications, 5044 Safe Pupil Transportation, 5045 Student Fees, 5046 Secret Organizations, 5048 Emergency to Life Threatening Asthma or Systemic Allergic Reactions (Anaphylaxis), 5049 Firearms and Weapons, 5050 Reporting Related to exempt (Home) Schools, 5052 School Wellness Policy, 5053 Self-Management of Diabetes or

Asthma/Anaphylaxis, 5054 Student Bullying, 5055 Enrollment of Kindergarten, 5056 free Expression by Students, 5057 Parental Involvement in the Title Program, 5059 Emergency Medical Treatment, 5060 Animals, 5061 Therapy Dogs, 5062 Lice and Nits, 5063 Audio and Video Recording, 5064 Title 1

Supplement not Supplant, 5065 Bed Bugs, 5066 Early Graduation, 5067 Student Assistance Team Procedures. Motion 6-0. Voting Yes: (6) Brennan, Johnson, Luther, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (0).

5. Moved by Meier, seconded by Luther to approve the contract renewal for the superintendent. Motion 6-0. Voting Yes: (6) Brennan, Johnson, Luther, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (0).

6. Moved by Brennan, seconded by Meier to approve the superintendent's evaluation. Motion 6-0. Voting Yes: (6) Brennan, Johnson, Luther, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (0).

7. Moved by Luther, seconded by Johnson to adjourn at 9:37 p.m. Motion 6-0. Voting Yes: (6) Brennan, Johnson, Luther, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (0).

Board Reports and Discussion Topics:

1. Board Reports:

- a. Upcoming Meeting: Calendar Provided
- b. Interlocal: Upcoming Annual Meeting - January 22, 2018

2. Discussion Topics:

- A. January Board Meeting scheduled for Monday, January 8, 2018 beginning at 7:30 p.m.

Administrative Reports:

Principal's Report:

- 1. Enrollment Update
- 2. Upcoming Calendar and Events
- 3. Teacher Evaluation Update
- 4. 2018-2019 School Calendar

Superintendent's Report:

- 1. Enrollment Option Report
- 2. Option Enrollment-
 - a. Out – a. None
 - b. In - a. None
 - c. Change of Status a. None

- 3. Financial Summary Updates
- 4. 2016-2017 School Audit Report
- 5. January Board Topics
- 6. Committee Review



January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 NO SCHOOL	2 NO SCHOOL	3 School resumes, 1st day of S2.	4 Cheer @ lunch. Students Council mtg. @ lunch. WR @ Elm Creek 6pm.	5 FCA 7am. Febr. ACT registration Deadline. GBBB @ Amherst 4:30 /6/8PM.	6 WR @ Amherst 10AM. GBBB vs. Maxwell 2/3:30/5PM.
7	8 FCCLA mtg. 7PM. School board mtg. 7:30PM.	9 Last day to drop/ add classes. GBBB vs. Brady 4:30/5:30/7PM.	10 Jazz band 7:15AM. JHBB vs. Loomis 1PM. FKC Quarterly mtg. 5:30PM.	11 Cheer @ lunch.	12 FCA 7AM. WR @ Elm Creek 12:30PM. GBBB vs. North Platte St. Pat's 4:30/6/8PM.	13 WR @ Shelton/ Kenesaw 10AM. GBBB @ Bertrand 2/3:30/5PM.
14	15 Martin Luther King Jr. Day NO SCHOOL — Teacher In- Service. JHBB @ SEM 12:30PM.	16 GBBB vs. Elwood 5/6:15/7:30PM.	17 Jazz band 7:15AM.	18 Cheer @ lunch.	19 FCA 7AM. GBBB vs. Eustis- Farnam 5/6:30/8PM.	20 JHBB @ Overton 9AM. WR @ Mullen 9:30AM (MT).
21	22 UNK Honor Choir/Band.	23 JHBB @ Kearney Catholic 1:00PM. GBBB @ Shelton 4/5:30/7PM.	24 Jazz band 7:15AM. District FFA CDE @ Broken Bow 8:30AM.	25 Cheer @ lunch. Senior parent post prom mtg. 6:30PM.	26 FCA 7AM. WR @ Central Valley (Greeley) 1PM. GBBB @ Elm Creek 4:30/6/7:30PM.	27 FKC GBBB bunny brackets.
28	29 FKC GBB @ top 2 seeds.	30 FKC BBB @ top 2 seeds.	31 Jazz band 7:15AM. FCCLA District STAR @ Mullen. JHBB vs. Axtell 12:30PM.			

January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>* = Breakfast</i> <i>** = Preschool</i> <i>Breakfast</i></p> <p><i>Milk served each meal.</i></p> <p><i>Milk & fruit served each PK meal.</i></p>	1 ALT MEAL: Pizza	2	3 *Glazed donut & ham **Cereal & ham Turkey & noodles, mashed potatoes, green beans, apple sauce, oranges, dinner roll	4 *Breakfast cookie & eggs **Oatmeal bar & eggs Chicken drummies, Au Gratin potatoes, peas	5 *Breakfast pizza Pepperoni pizza, salad mix, relish tray, yogurt, grapes, pears	6
7 ALT MEAL: Peanut butter & jelly sandwich	8 *Cheese stuffed pretzel & sausage **Cheese stuffed pretzel & sausage Chicken fried steak, mashed potatoes & gravy, corn, pears	9 *Oatmeal bar & yogurt **Apple muffin & ham Crispitos & cheese, shredded romaine, diced tomatoes, jello	10 *French toast & eggs **French toast & eggs Chicken stir fry, stir fry veggies, yogurt, pineapple, fruit cocktail	11 *Biscuits & gravy **Biscuits & Sausage Soup bar, cheesy bread sticks, Celery & peanut butter, oranges, baked apples	12 *Donut holes & breakfast combo Chicken strips, fries, broccoli & cheese, jello, kiwi, brownies	13
14 ALT MEAL: Corn dog	15 NO SCHOOL	16 *Apple muffin & ham **Apple muffin & ham Chicken fajitas, fries, romaine salad mix, apples, tropical fruit salad	17 *Griddle sandwich **Pancakes & sausage Spaghetti & meat sauce, California blend veggies, peaches	18 *Cinnamon roll & eggs **English muffin & eggs Potato soup, turkey & cheese sandwich, relish tray, fruit cup	19 *Cinnamon Little Johns & yogurt Cheeseburger, coleslaw, broccoli salad, pickles, jello, pears	20
21 ALT MEAL: Pork egg roll	22 *Breakfast on a stick **Breakfast on a stick Chicken & noodles, mashed potatoes, peas, oranges	23 *English muffin & ham **English muffin & ham Taco in a bag, shredded romaine, diced tomatoes, plums, apples	24 *Chocolate donut & sausage **Cereal & Sausage Pulled pork Sandwich, fries, relish tray, strawberries	25 *Breakfast pizza **Breakfast pizza Stromboli & Marinara, salad mix, mozzarella cheese, jello, mandarin oranges	26 *Breakfast tornados Pigs in a blanket, roasted carrots, baked beans, banana, grapes	27
28 ALT MEAL: Pizza	29 *Scrambled eggs & bagels/English muffin **Scrambled eggs & bagel Tater-tot casserole, green beans, applesauce	30 *Glazed donut & ham **Cereal & ham Chicken patty sandwich, fries, pickles, jello, pineapple	31 *Waffles & sausage **Waffles & Sausage Taco bar, hash brown, shredded romaine, yogurt, grapes, apricots			